

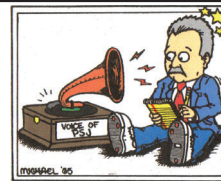
# HAPPENINGS

ISSUE NO. 347

APRIL 2019

SERVING PORT ST. JOHN & CANAVERAL GROVES

Submissions for publication need to be in before the 18th.



Call 321-633-7499 or e-mail to [happenings1@att.net](mailto:happenings1@att.net). The current and last issues are on the website. [www.happenings.net](http://www.happenings.net)

## Thunder Over the Indian River is Back!

Thunder Over the Indian River is back! After 4 years of not enough working volunteers, a new group has formed in Port St. John and they are taking on the massive project of bringing back our local fireworks show and Independence Day celebration.

Starting this month you'll be seeing fundraising events and information about the event. Look inside for information on the TOIR Golf Classic on June 22nd at Indian River Preserve Golf Club in Mims, the Paint Party at Brevard Arts Academy here in Port St. John on Friday, June 14th, and more plans are in the works. Reservations are required for the Paint Party. Call Brevard Arts Academy at 321-403-4904.

On Saturday, June 1st, from noon to 6 pm, a Corn Hole Tournament will be held at Beef O'Brady's on Curtis Blvd. in Port St. John. Everyone is welcome to come and compete. More information will be posted in Happenings as we get closer to the event. We're working on making that a Spirit Day, too, where part of your meal purchase goes to Thunder Over the Indian River,



so plan on eating and staying a while!

Domino's will be taking donations for the event. And starting immediately, there is an Art Contest to design a new logo for Thunder Over the Indian River; more information inside.

For entry forms and more information on all of these, look on the Happenings website, [www.happenings.net](http://www.happenings.net) or on Facebook - Thunder Over the Indian River.

### FREE Easter Egg Hunt



First United Methodist Church of Port St. John welcomes 2-10 yr olds to the FREE 16th Annual Community Easter Egg Hunt on Saturday, April 13th, 10 am to noon. Bring your

basket and join the fun of egg decorating, games and prizes, crafts, storytelling and face painting.

The church is located at 1165 Fay Blvd, Port St. John, (behind CVS).



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Minimum for Delivery \$10.00  
Not Valid With Any Other Offer,  
Coupon or Discount.

## FREE Small Cheese Pizza When You Buy 2 Calzones at Regular Price



Expires 4-30-2019  
Pick-up or Delivery Only.  
Delivery Charge \$1.50  
Minimum for Delivery \$10.00  
Not Valid With Any Other Offer,  
Coupon or Discount.

## FREE Small Pepperoni Pizza When You Buy 2 Large Pizzas at Regular Price



Expires 4-30-2019  
Pick-up or Delivery Only.  
Delivery Charge \$1.50  
Minimum for Delivery \$10.00  
Not Valid With Any Other Offer,  
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## Large 1-topping Pizza + 1 Calzone \$19.99 +Tax



Expires 4-30-2019  
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Delivery Charge \$1.50  
Minimum for Delivery \$10.00  
Not Valid With Any Other Offer,  
Coupon or Discount.

## Large One Topping Pizza and a Medium Greek Salad \$17.99 +Tax

# PSJ Community Center Schedule - April, 2019

The center is open Mondays–Thursdays from 10 AM to 8 PM, Fridays from 9 AM to 6 PM, Saturday 10 AM-2 PM Schedule is subject to change. For latest information or to register, call 633-1904.

## Mondays – Fridays

Seniors at Lunch, 10 a.m. - 1 p.m.

## Mondays

Outside Basketball, 10 a.m.-8 p.m.

Community Cares After School Program, 2:30- 6

Game Room/Computers, 3-8 p.m.

Billiards, 3-8 p.m.

Zumba (Adult Class), 6-7 p.m.

## Tuesdays

Outside Basketball, 10 a.m.-8 p.m.

Community Cares After School Program, 2:30- 6

Game Room/Computers, 3-8 p.m.

Billiards, 3-8 p.m.

Girl Scout Troop 1902, 4-5 p.m.

Girl Scout Troop 276, 6-7 p.m.

## Wednesdays

Outside Basketball, 10 a.m.-8 p.m.

Community Cares After School Program, 2:30- 6

Floor Yoga, 3:30-4:30

Game Room/Computers, 3-8 p.m.

Billiards, 3-8 p.m.

Zumba (Adult Class), 6-7 p.m.

## Thursdays

Outside Basketball, 10 a.m.-8 p.m.

Billiards, 1:30-8 p.m.

Community Cares After School Program, 2:30- 6

Game Room/Computers, 3-8 p.m.

11th & 25th - Cub Pack 704, 6-7 p.m.

## Fridays

Outside Basketball, 10 a.m.-6 p.m.

Billiards, 1:30-6 p.m.

Community Cares After School Program, 1:30- 6

## Saturdays

Outside Basketball, 10 a.m - 2 p.m.

Game Room/Computer, 10 a.m. - 2 p.m.

**Flashlight Egg Hunt** - At Fay Park, April 20th, 6315 Depot Road, Port St. John.

The first egg hunt will start at 6:30 p.m. for ages 2-5, followed by a flashlight egg hunt at 8:15 p.m. (dark) for ages 6-12 years.

Don't forget your basket, flashlight and camera. For more information, contact the Port St. John Community Center (321) 633-1904.

## Community Cares – After School Program

Port St. John Community Center staff will pick up children from Challenger 7 Elementary every school day and transport children back to the community center. This program will include homework time, snack and outdoor activities. The cost of this program is \$45 per week per child. Children in grades kindergarten through 6th grade are eligible to participate. Space is limited in this program to a maximum enrollment of 13 children. Register your child by contacting the community center today at 321-633-1904!

**YOGA** - Yoga classes are informative, inspiring, and empowering. Modifications are offered for each pose. In these classes you will experience the vast benefits of Yoga by gaining strength, flexibility, balance and so much more. Classes will be held Wednesdays. Chair Yoga from 2:30-3:15, Floor Yoga from 3:30-4:30 p.m. \$8.00 per class. For more information, contact Ruby Saunders at (321)446-7063 or the Port St. John Community Center at (321)633-1904.

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## Thunder Over the Indian River Artwork Competition

We are searching for a design to be used for advertising our community fireworks celebration for America's Independence. All entries MUST include the verbiage, "Thunder Over the Indian River," and the year, 2019.

This competition is open to anyone who is interested in submitting artwork for consideration.

Entries must be submitted via email to: PSJ-CommunityFoundation@gmail.com. Entries must be received by Wednesday, April 10, 2019.

We would love for all of our residents to get involved and show support for our community events. The TOIR committee will narrow down the designs received to our top 5 finalists. From there, these designs will be posted on the Thunder Over the Indian River Facebook page for the final vote, where YOU – the Port St. John community will be able to choose the winning design.

The winner will have their artwork published in HAPPENINGS along with an article about the artist, some pretty cool bragging rights and

5 event shirts with the artwork on them.

Go to [www.happenings.net](http://www.happenings.net) or [www.portstjohnflorida.org](http://www.portstjohnflorida.org) to print a copy of the entry form or email PSJCommunityFoundation@gmail.com, or [happenings1@bellsouth.net](mailto:happenings1@bellsouth.net).

We look forward to seeing all the talent Port St. John has to offer and don't be shy, all levels of artwork are accepted.



Post 359 - American Legion Riders presents

## Bike Days at the Tiki

April 6, 1 - 5:00 p.m.

Listen to live music. Enjoy great food. Meet new friends and share riding stories.

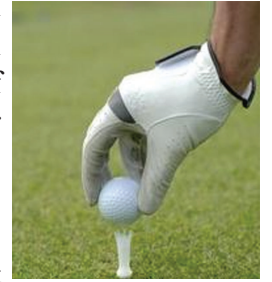
Drawings, 50/50. All proceeds to benefit veterans and veterans' families

7260 S. US Hwy. 1 Bellwood (just north of Port St John), 321-268-1632.

Contact Janice Anderson, Events Coordinator, American Legion Riders Post 359 at [info@alr359.com](mailto:info@alr359.com) for more information.

## Challenger 7 Golf Classic

The 4th Annual Challenger 7 Elementary Charity Golf Classic will be held on Saturday, April 27th at Turtle Creek Golf Club. The cost is \$55 per person and includes greens fee, cart, lunch, range balls and on-course contests. Registration will begin at 7:00 am with the tournament officially starting at 8:00 am. Afterwards, please join us for lunch, awards and raffle at about 12:30 pm. All proceeds benefit Challenger 7 Elementary School.



In addition to prizes for 1st, 2nd and 3rd place, there will be two "long drives," two "closest to the pin" challenges and a putting contest.

A hole-in-one wins a Buick Verano sponsored by Ron Norris Buick/GMC.

Anyone who does not play golf can still participate by sponsoring a golf hole for \$100, or attend the awards luncheon for \$10. For an application or additional info, email [c7golf@cfl.rr.com](mailto:c7golf@cfl.rr.com) or visit <http://c7golf.wixsite.com/challenger7>. The deadline to register is April 19th.

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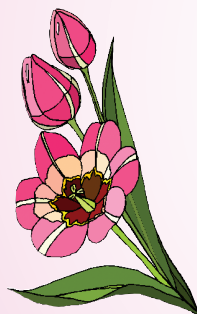
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## Port St. John Housewives Softball League

The Port St. John Housewives Softball League is gearing up for another fun season! Don't let the name fool you... women of all playing abilities are invited to join our league.

As of July 1st, you must be 19 years of age or older. Sign-ups will be on Saturdays and Sundays, May 18th and 19th, and June 1st and 2nd from 10:00 AM to 2:00 PM at Fay Park, east parking lot. Cost is \$50, which includes 20 softball games, team shirt and end of year party and awards.

The season starts in July and continues through mid-October. Games are on Tuesday and Thursday nights at Fay Park. This is a great way to make friends and get some exercise. You do not have to live in Port St. John to join our league.

We are also accepting applications for sponsors and experienced umpires. For more information, call: Shannon Freeland, President, at 321-543-5175; Kim Myrick, Vice-President, at 321-536-1372; Angie Burris, Treasurer, at 321-480-1052; or Joan Sottoriva, Secretary, at 321-537-9605. You can also find us on Facebook [www.facebook.com/PSJHSL](http://www.facebook.com/PSJHSL).

## Parrish Medical Center Offers Free Community Support Groups

Parrish Medical Center is offering free support groups for community members living with various health issues. See the upcoming April 2019 support groups listed below:

- AWAKE Sleep Disorders Support Group: Monday, April 8, 6–8 p.m., Parrish Healthcare Center, 5005 Port St. John Parkway, Port St. John
- Caregiver Support Group: Thursday, April 4 and 18, 9:30–11:30 a.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Caregiver Academy: Thursday, April 11, 10–11 a.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Diabetes Support Group: Thursday, April 11 3:30–5 p.m., Heritage Hall, 931 N. Washington Ave., Titusville
- MAK Gathering (Moms and Kidz) Support Group: every Monday and Wednesday (April 1, 3, 8, 10, 15, 17, 22, 24 and 29), 10–11:30 a.m., The Children's Center, 5650 S. Washington Ave., Titusville
- Parkinson's Support Group of North Brevard: Thursday, April 18, 2–4 p.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Pulmonary Hypertension Support Group: Tuesday, April 9, 3–5 p.m., Grace United Methodist Church, Merritt Island
- Stroke-Heart Survivors Group: Tuesday, April 16, 2–4 p.m., Heritage Hall, 931 N. Washington Ave., Titusville
- Parrish Partners Cancer Support Group: Monday, April 15, 4–5:30 p.m., Parrish Medical Center, 951 N. Washington Ave., Titusville

The support groups are free, but space is limited. For more information, and to preregister, visit [parrishhealthcare.com/events](http://parrishhealthcare.com/events).

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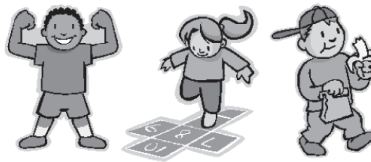
STEVEN ALLENDER

## The Importance of Play in Early Childhood

Children learn through their play and it should not be taken for granted. There are so many skills learned during this time; Cognitive, Physical, Vocabulary, Social and Literacy skills. Play is healthy for our young children and helps combat obesity. Play can relieve stress and help build important social skills that help them through their childhood. Learning how to play along with other children is crucial for this young age.

Social skills may be the toughest to adjust to. Families with one, two or maybe even three children don't get to experience the difficulties in socializing with more children around of the same age. The situations at home don't mirror school scenarios. Young children really aren't bullies, they are learning empathy at this stage of development. While at play, young children learn how to get along and interact with each other, respond to various feelings and social problem solving.

Parents are the biggest supporters of their child's learning. You can make sure they have as



much time to play as possible during the day to promote all these areas of development. Most parents work and don't have the opportunity to give their children play time during the week. That's where we come in; as a daycare. We provide a daily schedule that implements scheduled time each day to get the opportunities of play accomplished.

Play can involve getting our hands and bodies dirty. This is sometimes a difficult challenge for parents to see their child dirty. Rest assured that there is so much learning taking place during play time that your child will benefit greatly from it. So please keep this in mind while dressing your child for school. It isn't a beauty pageant that they are going off to! They are going to explore, play and involve their whole body and mind. Embrace the learning and know they will need a bath every night!!!

Kari Grinstead  
Discovery Learning Center  
Owner/Director

## Parks & Recreation Meeting

The North Brevard Commission on Parks and Recreation will hold its next monthly meeting on Thursday, April 11th, 2019, at 5:00 p.m. The meeting will be held in the Brevard Room at 518 South Palm Avenue in Titusville. The public is invited to attend.

The Brevard Room is located in a building on the north side of the parking lot behind the Brevard County Government Center-North.

For questions, call Jeff Davis at (321) 264-5105.

## National Active and Retired Federal Employees Association (NARFE)

NARFE Apollo Chapter 1137 meets monthly on the second Monday of each month at Kay's BBQ Restaurant, SR 520 in Cocoa. You are invited to join us for lunch at 11:30 and an interesting speaker at 12:15.

No reservations required. Our website address is [www.NARFE.org/Chapter1137](http://www.NARFE.org/Chapter1137).

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## Project Graduation

**Memory Book:** Project Graduation is putting together a Memory Book for the Seniors. It's one last chance to create a lasting memory for your senior or for two senior best friends to share some memories on a page! Start sending those pictures in!

The cost is \$50 for a full page and includes your choice of 5-7 pictures, 100 word message and a copy of the Memory Book. The deadline to order is May 1st, 2019.

We are also raffling a hair make-over, facial and cosmetics basket, date night, dine around town, fun day in Orlando, car detailing and many more items. Tickets are as follows:

\$3 for 1 ticket

\$5 for 10 tickets

\$10 for 15 tickets

\$20 for 30 tickets

**Dominos:** Every Monday from open to close, order your Viper Special. This a medium 1 topping for \$6, Carryout Only. Be sure to ask for the "Viper Special."

**Golf Tournament:** The golf tournament held on March 9th was a great success. Thank you to the following businesses that supported the event: Florida Fresh Grill, Southern Tape and Label, Kel-Tec, Precision Fabricating and Cleaning, State Farm, Florida Mastertemp, Dogs R Us, American Legion, Cruises Inc., Adventure HQ and Skyzone.

The next monthly meeting will be April 1st, 2018, 6:00 pm at Space Coast High School.

For information on any of these important fundraising events, please contact:

Hyacinth Price, Project Grad President, at 321-863-6121 or

Amie Randall, Project Grad Vice President, at 321-289-7179.

## Buffet Breakfast

Blessed Sacrament Church, 5135 North Cocoa Blvd., Cocoa, will be hosting a Buffet Breakfast with Omelet & Waffle Stations by Chef Marcio on Sundays from 9 am – 12 pm.

The cost will be \$10 for Adults, \$5 for Children 5-12 and free for children under 5. Everyone is invited to have a great breakfast with your family! Also, the new Food Pantry is now open Fridays, 11 am – 1 pm.



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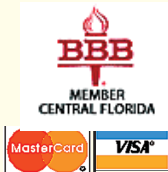
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## Thunder Over the Indian River Golf Classic

Our First Annual TOIR Golf Classic will be held on Saturday, June 22nd at Indian River Preserve Golf Club. The cost is \$60 per person or \$220 per team and includes greens fee, cart, lunch, range balls and on-course contests. Registration will begin at 7:00 am with the tournament officially starting at 8:00 am. Afterwards, please join us for lunch, awards and raffle at about 12:30 pm. All proceeds benefit Thunder Over the Indian River Independence Day events and fireworks.

In addition to prizes for 1st, 2nd and 3rd place, there will be two "long drives," two "closest to the pin" challenges, and a putting contest.

A hole-in-one wins a Buick Encore sponsored by Ron Norris Buick/GMC.

Anyone who does not play golf can still participate by sponsoring a golf hole for \$100, or attend the awards luncheon for \$10.00.

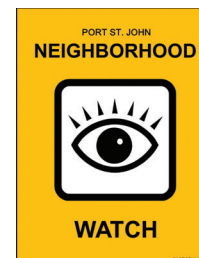
For an application or additional info, email [PSJCommunityFoundation@gmail.com](mailto:PSJCommunityFoundation@gmail.com) or visit <http://www.happenings.net>. The deadline to pre-register is June 7th. The tournament is limited to 88 players, so don't delay.



## Monthly Business Roundtable

The PSJ Startups & Founders Club meets on the first Wednesday of each month. Business owners and entrepreneurs are welcome to attend. The group shares information on new business opportunities and ways to improve on existing businesses. The next meeting will be on Wednesday, April 3, 8:00 AM at Port Java in Fay Plaza.

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## Neighborhood Watch

**April 'Fools'  
and What You Need To  
Know**

April has a special day set aside for "fools", and it's not the only day we need to be mindful of. Some people are fools, some are fooled, and some are foolish. They can be all of the above, but they can't be fooled all of the time.

There are all kinds of folks out there preying on innocent, unsuspecting victims EVERY DAY. Diligence and gut instincts are the best defense against crime. Don't be fooled into giving out your personal information anywhere to anyone you do not know or cannot verify who they work for. They may be only working for themselves and using your money and information to get what they want!

Online purchases with credit cards can be compromised, as I know all too well. Within a period of 6 months, I have had to cancel three cards thinking my information was protected. The stress and financial burden is tremendous, and then you have to request charges be removed from each company transaction.

Then comes the delay in getting your card, which in my case, my cards were not only delayed, the bank didn't order the second one because their line was down, and nobody took the time to follow up. A month later I got it, but Christmas was over. Two months later, BAM!! I see UBER Eats charges in San Francisco, and Fraud Protection Services notified me right away, and my card is shut down.

So... here I go again waiting for the bank to straighten out the card situation because they cannot enter my information correctly. By the time this is printed, I hope to have it all straightened out, and I will personally call my retailers to order something I see online to better fix this problem. If it doesn't, then perhaps cash in hand and protection in the other shall be the next step I should take. I shall not be robbed of my dignity in any case.

I hope you remember to LOCK IT OR LOSE IT! (Credit cards, too!)

~ Neighbor Nell



## Rose's Room

~ Rose Padrick

The innocent act of purchasing a cute little stuffed animal for a great-grandchild has brought me to very obvious but mostly overlooked realizations. Among all the other - possibly more important - things we learn about ourselves when the Big Guy trusts us with a brand new life, (the ability to function for a week on 15 minutes sleep - full showers are extraneous - Mother's Ear is not a myth), we also inherit the, "Yes, I lied to my child and no, I'm not sorry," gene.

While we all know lying in any form is unacceptable, we also agree if it is in the form of a myth - especially one that helps parents cope with holiday hysteria - it's just kinda' overlooked. But considering the intelligence of today's youth, not to mention tomorrows scholars, I think we may need to prepare to be caught in our imaginary ramblings.

I've always read and explained the true meaning of holidays straight from the bible and age appropriate books, keeping the myths as totally separate from the truth. But when you think about it, some of the stuff we foist on our kids is pretty out there - especially when we do our best to teach them lying is bad. This has to be where the adage, "Do as I say, not as I do," came from.

We tell them over and over "Do not talk to strangers!" "Do not allow a stranger to touch you!" "Never take candy from a stranger!" Then we tell them to go sit on the nice old guy in the red suit's lap so we can take your picture and he will give you a candy cane...

When I first explained the whole, "You better behave because Santa Clause is watching," thing to my kids, their wide eyes and immediate demeanor change gave me a full week of a P and Q watching household. After the first week I could obtain peace by reminding them Christmas was coming. Sadly, after that I was on my own.

Told the same story, by the same person, in the same way, my grandchildren raised eyebrows and asked how he could travel to every kid in the world in one night. Each told me later they never really bought the whole story but didn't want to take a chance, just in case. I expect my great-grandchildren will be mentioning it's against the law to monitor people in their own homes.

Again my children bought the Easter Bunny

story with visions of candy eggs, candy Easter bunnys and candy filled baskets whole-heartedly. My grandchildren again worked their eyebrows and reasoning skills... "How would a bunny grow so big? They don't have hands; how do they carry baskets? If they are supposed to be so nice why do they hide the eggs instead of just giving them to us?" I have a strong feeling my great-grandchildren will bust the myth and us in the first sentence.

The Tooth Fairy was so much one of my kid's favorites that one of them tried to pull her teeth well before they were ready to find the shiny new quarter under her pillow (yes, we are all very old!) Upon losing their first teeth and hearing the story, my grandchildren covered their mouths and vowed to keep all their teeth forever. They would just ask Grammy for money if they needed it and what was a quarter? I'm very sure my greats will want to bring charges against a huge, strangely dressed person sneaking into their room as they slept, and have enough in their piggy bank to float Grammy a loan.

Add the Saint Paddy's Day Leprechaun, scary monsters, talking turkeys, pilgrims and all the other legends and folklores - not to mention what is added to their little psyches by television commercials - talking toucans, living M and M's - edible goldfish... I have to wonder if these kids are not getting smarter with each generation in self-defense?

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## Monthly Tax Update

This month I want to discuss Internal Revenue Service (IRS) communications. In the past, you have been told time after time the IRS will not call you and this still stands true to a certain extent. I recommend the following actions when IRS contacts you personally, by mail, or telephone.

The IRS initiates most contacts through regular mail delivery by the United States Postal Service (USPS). However, there are special circumstances in which the IRS will call or come to a home or business. Visits are usually conducted when a taxpayer has not responded on an overdue tax bill, to secure a delinquent tax return, there is a delinquent employment tax payment, or during criminal investigations. Upon arrival, you will want to verify they have valid identification cards and inquire as to what their purpose for the visit is. They will explain their requirements and at this point, I would recommend you calling your tax advisor for how to respond to their requirements, immediately.

I would suspect your tax advisor will request you have them contact them directly. This will require you to complete a power of attorney, Form 2848, for your tax advisor, and let your tax advisor handle all future communications

with the representatives. IRS will provide your tax advisor the professional courtesy time to secure the documents or information required and relieve the pressure and stress you'll experience when they arrive.

The next thought involves what will help get your return audited. There are a number of red flags that includes, basically, high deductions, improperly claiming dependents, and having foreign accounts. High deductions usually show up on your Schedule C (Sole Proprietorship Business) where there is excessive mileage, not reflecting beginning and ending inventory, office at home deduction on Form 8829, or meals and entertainment expenses are excessive. Actually, entertainment expenses are no longer deductible and will most likely be an audit flag. On Schedule E (Rental Property) where repairs are improperly deducted when depreciation may be in order, or not claiming depreciation on the dwelling, or depreciating land value.

Next, improperly claiming dependents like parents who receive Social Security benefits and you feel they're your dependent, just because they live with you. Well, this isn't the case. You are required to provide more than 50% of the living costs to claim them as a dependent. This means at least \$1 or more than what they receive in Social Security Benefits is paid by you. I find

most of the time, this isn't true. So, evaluate your circumstances.

Last, foreign accounts are now requiring you to report them. For single taxpayers, you must file Form 8938, if the total value of foreign assets is more than \$50,000 (\$100,000 for joint filers) on the last day of the tax year or more than \$75,000 (\$150,000 for joint filers) at any point during the tax year. You may also be required to file FIN-CEN Form 114. This information is important for you to take the appropriate action and prevent unnecessary audits or penalties and interest.

In closing, to my clients, THANK YOU!!! Because of you, my office had another successful tax season. Also, to the many of you who read my articles, THANK YOU, I hope it helps.

For additional details and specific assistance in applying the general information in this article, contact your tax advisor or call us at your earliest convenience. Provided by Tracey C. Higginbotham, E.A., (321) 632-5726, a member of the National Society of Accountants.

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Come One Come All Families  
to Family Movie Night at First United Methodist  
Church, 1165 Fay Blvd. Port St. John on Friday,  
April 5th, 6 PM.

Movie: "God's Compass" is a story about  
Suzanne Waters and on the night she celebrates  
her retirement, she is faced with a series of un-  
imaginable crises.

All are welcome. It's FREE to watch. FREE  
Snacks! If you have questions, call the church  
office at 321-631-0183

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# Jess Parrish Medical Foundation Hosts Benefit Golf Classic

Jess Parrish Medical Foundation (JPMF) has announced the law firm of Zumpano Patricios as the presenting sponsor for the annual Fran Gerrett Memorial Golf Classic on Friday, April 12.



“It’s all about the kids!” The Fran Gerrett Memorial Golf Classic is a great opportunity to support a

worthy cause and help our children reach their full potential through the programs and services offered at The Children’s Center.

More than 200 golfers are expected to play in the two-course tournament with all proceeds benefiting The Children’s Center (TCC), a service of Parrish Healthcare, and one-stop childhood development resource center. TCC provides a safe and healing environment for special needs and/or typically developing children to learn and grow, along with an array of health, education and human services under one roof.

“Zumpano Patricios is honored to continue

its tradition of supporting the Fran Gerrett Memorial Golf Classic as presenting sponsor again this year. We believe the Foundation’s mission of providing healing experiences to families is fundamental to advancing the future of our youth, and it is our privilege to extend our financial support to the vital programs and services offered at The Children’s Center,” said Joseph I. Zumpano, managing shareholder at Zumpano Patricios.

Registration begins at noon, with a shotgun start at 1 p.m. Tournament players can choose between two golf courses – the Ron Garl and Lee Trevino-designed La Cita Golf & Country Club nestled amongst 100-year old oak trees or The Great Outdoors with the beautiful natural environment of the St. Johns Wildlife Refuge.

Course selection is first-come, first-choice with paid registration. The tournament format will be a four-player scramble with fun contests, including a chance to win a \$1,000 cash prize when purchasing a raffle ticket for \$20.

Participants need not be present to win. Winners will be announced immediately following the awards ceremony. The tournament is a fun-

filled event which allows you to golf and give back at the same time.

Fran Gerrett served as the director of Materials Management at Parrish Medical Center for 24 years. Fran passed away in 2012, but the annual golf tournament lives on as a tribute to his longtime dedication to our community and favorite charity, The Children’s Center. The golf classic is organized by community leaders and volunteers. Event co-chairs are Kathy Myer and Greg Sparkman. Other members of the golf committee include Santi Bulnes, Amy Craddock, Anita Currie, Lori Duester, Leigh Spradling and Suzanne Yarbrough.

The foundation welcomes all businesses and organizations to participate and support the event. A variety of sponsorship opportunities are available beginning at \$500. Individual player costs are \$85, which includes golf, lunch and dinner.

For more information about sponsorship packages or to purchase general admission and raffle tickets, please call Jess Parrish Medical Foundation at (321) 269-4066 or visit [www.parrishmedfoundation.com/golf](http://www.parrishmedfoundation.com/golf).

## Life Styles

### Sleep and Your Heart

Getting good sleep helps prevent heart disease.

#### EVENT | SLEEP AND YOUR HEART

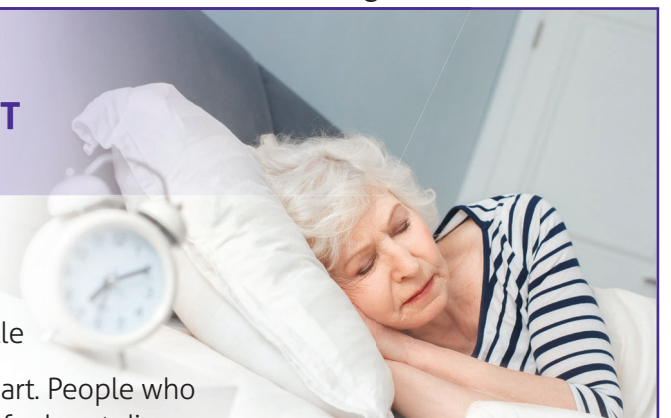
**WHEN** | Thursday, April 18 | 5-7 pm

**WHERE** | Holiday Inn  
4715 Helen Hauser Blvd., Titusville

**ABOUT** | Sleep is essential for a healthy heart. People who don’t sleep well are at higher risk for heart disease—regardless of age, weight, smoking and exercise habits. Join us to learn more about getting good sleep.

Dinner will be served at this free event, but seating is limited.

To reserve your seat, visit [parrishhealthcare.com/events](http://parrishhealthcare.com/events), or call 321-268-6156.



[parrishhealthcare.com/cardiovascular](http://parrishhealthcare.com/cardiovascular)  
Healing Families—Healing Communities®

# Easter Sunday

First United Methodist Church of Port St. John, 1165 Fay Blvd, Port St. John (behind CVS) invites everyone to join us for the celebrations of Holy Week.

\* April 21: Easter Sunday Schedule

6:50 AM – Sunrise worship at Nicol Park (across US1 from CVS) with the Special Gathering Church.

8:30 AM – Breakfast in Church Fellowship Hall (behind CVS).

10:00 AM – Easter Celebration Worship in Church Sanctuary.

12 PM – Feeding homeless veterans (Veteran's Center, 924 Peachtree St., Cocoa).



## Spring Tails Thru the Village

Bring your pet and children, too, and join The Animal Sanctuary (TAS), a nonprofit, volunteer organization, for Spring Tails thru the Village on Saturday, April 6, 11:00 a.m. to 3:00 p.m.

Follow the Bunny Hop Map to play the Magic Easter Eggs Game to win prizes! For a \$10.00 donation, receive a goody bag and a framed 4x6 color photo with the Easter Bunny.



All pets must be on a leash, or in appropriate carriers, and have current vaccinations and County tags for the safety of our animals and friends.

Sponsored by Tails at the Barkery, this event will help raise much needed funds for the animals TAS rescues and the building of Brevard County's first no-kill, no cage, animal sanctuary. The majority of animals who come to TAS have medical conditions resulting from neglect or abuse, some have behavioral and emotional issues, some arrive as strays, suffering from illness and injury, and all are in need of love and attention, which TAS is happy to provide.



## Space Coast Spring Fair

Don't miss the 2019 Space Coast Spring Fair at Space Coast Daily Park in Viera, now - April 7, featuring free unlimited rides with gate admission. It's a fun event for the whole family with plenty to do and see for everyone. More than 150 popular free rides, free shows including circus shows and the Globe of Death show, and games will be enjoyed for just \$12 (Monday through Thursday) or \$15 (Friday through Sunday) at the Space Coast Spring Fair.

For tickets and information on all the entertainment, call 1-855-386-3836 or visit SpaceCoastDaily.com.

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**English: ATTENTION:** If you do not speak English, language assistance services, free of charge, are available to you. Call 321-482-6283 (TTY: 711).

**Español (Spanish):** ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 321-482-6283 (TTY: 711).

**繁體中文 (Chinese):** 注意: 如果您使用繁體中文, 您可以免費獲得語言援助服務。請致電 321-482-6283 (TTY: 711)。

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# Celebrating National Volunteer Week

APRIL 7-13

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*Healing Families—Healing Communities*®

## COMMUNITY CALENDAR

**Alcoholics Anonymous** meets in PSJ on **Sundays** at 5 PM, Tuesdays and Thursdays at 6:30 PM at 4797 Curtis Blvd. (St. Patrick's Church).

**Overeaters Anonymous** meets in PSJ on **Saturdays** at 9:30 AM at the PSJ Library. Visit [oaspacecoast.org](http://oaspacecoast.org) for other meeting locations.

**Nar-Anon:** Support group for those affected by someone else's addiction, meets on Mondays, 7:00 - 8:00 PM at 1st United Methodist Church, 825 Forrest Ave., Cocoa [www.naranonfl.org](http://www.naranonfl.org).

**4-2 Compassionate Friends Support Group** meets the first Tuesday of every month at 6 PM in Cocoa Beach at the Lutheran Church of the Resurrection, 525 Minuteman Cswy. west of A1A, Fellowship Hall. Call 610-7875 for info.

**4-3 American Legion Auxiliary, Unit 359,** General Membership Meeting on the 1st Wednesday of each month, 6 PM at the Post Home, 7260 S. US 1, just north of PSJ. Call President Valerie Helmer at 321-268-1632.

**4-3 PSJ Startups & Founders Club,** a group for new business owners and entrepreneurs, meets on the 1st Wednesday of each month at

the Port Java in Fay Plaza. We'll begin our program at 8 AM. The Port St. John internet site can be viewed at [www.meetup.com/Port-St-John-PSJ-Startups-Founders-Club/](http://www.meetup.com/Port-St-John-PSJ-Startups-Founders-Club/).

**4-11 Canaveral Groves Homeowners, Inc.** meets on the 2nd Thursday of each month, 7:00 PM in the Fellowship Room of Discovery Christian Church, 3925 Grissom Pkwy. in the Groves.

**4-12 Brevard Women's Connection** meets at Space Coast Convention Center (Holiday Inn Express) on Hwy. 520 from 11 AM until 1 PM on the second Friday of each month. The program includes a luncheon plus an inspirational speaker. For more information, call Mary at 636-4713 or e-mail her at [mdean44@cfl.rr.com](mailto:mdean44@cfl.rr.com).

### 4-14 Palm Sunday

**4-14 Multiple Sclerosis Self-Help Group** meets on the 2nd Sunday each month (except Mother's Day & Nov.), 2 PM, Cocoa Library.

**4-14 Word Weavers Space Coast,** a critique group for Christian writers, meets the 2nd Sunday at 2:00 PM at the Central Brevard Library in Cocoa. Visitors are always welcome. Email [angelagardnerwrites@gmail.com](mailto:angelagardnerwrites@gmail.com) for info.

**4-14 Calling all Christian authors!** Dynamic writers group in Cocoa, Fla. offers training, critiques, and paid writing opportunities (2nd Sundays 2-4:30 PM at Cocoa library). Contact D.P. Clarke at [1royaldy@gmail.com](mailto:1royaldy@gmail.com) for more information. Print "Writers Group" in Subject.

### 4-15 Passover Begins

**4-15 Moonport Modelers RC Club** meets at 6:30 PM, 3rd Monday each month at the N. Brevard Library, 2121 S Hopkins Ave., Titusville. For more info, call Wayne Mendez, 321-505-2361.

### 4-15 Lailatul Barat

**4-17 American Legion Post 359** meets at the Post Home at 7260 S. US 1 in Bellwood, (2 miles north of PSJ), 6:00 PM. All Legionnaires and new members are welcome. The Post meets on the 3rd Wednesday of each month. Please contact the Post at 268-1632 for assistance with your membership or information.

**4-19 PSJ Business Connections Luncheon,** sponsored by the Titusville Chamber of Commerce, meets on the 3rd Friday of the month at

12:00, PSJ Library on Carole Ave. Call Dennis Watkins at 267-3036.

### 4-21 Easter

### 4-22 Earth Day

**4-23 Moonlight Quilters Guild** meets at the North Brevard Library in Titusville, 2121 Hopkins Ave. on the 4th Tuesday of each month. Meet and greet & refreshments at 6:15, meeting at 6:30 usually followed by show and tell or a guest speaker. Call 321-720-6232 or 321-720-1584 for more info.

### Congratulations to:

**Brianna Romans** turns **25** on the 1st.  
**Jeremy Rausch** turns **18** on the 1st.  
**Vickie Wiedman** gets spanked on the 2nd.  
**April Staner** parties wild on the 3rd.  
**Jennifer Maxwell** turns hotter on the 3rd.  
**Bobby Hudspeth** turns crazier on the 5th.  
**Lydia Hudspeth** turns **21** on the 6th.  
**Bill Aglitz** turns **52** on the 8th.  
**Dylan Thomas** turns **20** on the 9th.  
**Madison Thomas** turns **15** on the 9th.  
**Lori Johnson** remains beautiful on the 9th.  
**Jason Wolfe** turns **18** on the 10th.  
**Ryland Travis** turns **8** on the 12th.  
**Dawne Parker** turns prettier on the 14th.  
**April Blake** parties wild on the 16th.  
**Jamie Kline** is the Queen on the 16th.  
**Christina D'Amico** turns **25** on April 18th  
**April Higgs** turns **30** on the 19th.  
**Donnie Crouse** turns cooler on the 20th.  
**Dusty Stricker** turns **26** on the 24th.  
**Pamela Mann** has a party day on the 25th.  
**Kolby Davis** turns **27** on the 26th.  
**Wanda Daugherty** turns cuter on the 27th.  
**Sharon Hightower** turns wilder on April 28.  
**KC,** Happy Birthday! Love, Joe. Spankings and champagne on the 28th!  
**Elizabeth Blum** turns **18** on the 29th.  
**Jaden Travis** turns **15** on the 29th.  
**Sonny & Gayle Wardlow** celebrate their 40th on the 14th. It's Party Time!  
**Randy & Michele DeVane** celebrate their 24th on the 14th.  
**Gary & Holly Turner** celebrate their **42nd** Anniversary on the 28th.  
*We have lots of room for more good news.*  
**Email inputs to [happenings1@att.net](mailto:happenings1@att.net).**

### Important Phone Numbers

County Commissioner -	607-6901
Sheriff: Non-Emergency -	633-7162
Fire Station 26 (Port St. John)	633-2056
Emergency Operations Center	637-6670
Waste Management -	636-6894
Roadway Maintenance -	264-5084
SCAT Bus Information -	633-1878
Port St. John Library	633-1867
PSJ Community Center -	633-1904
Florida Power & Light -	723-7795
City of Cocoa Water Dept. -	433-8400
Parrish Medical Center	
Port St. John -	636-9393
Titusville -	268-6111
Atlantis Elementary School -	633-6143
Challenger 7 Elementary -	636-5801
Enterprise Elementary School	633-3434
Fairglen Elementary School -	631-1993
Campus Charter School -	633-8234
Space Coast Jr/Sr High School -	638-0750
Sexual Offender Registry -	
<a href="http://www3.fdle.state.fl.us/sexual_predators/">www3.fdle.state.fl.us/sexual_predators/</a>	



Come join us on Wednesday, May 1st at 6:30 pm at Nicol Park (across US1 from CVS). We will be praying for our community, churches and nation.

County Commissioner Rita Pritchett and Sheriff Wayne Ivey will participate along with Christians from many PSJ congregations. Everyone of all faiths is welcome. There is no cost to attend.

### Calling All Christian Authors!

Dynamic writers group in Cocoa, FL offers training, critiques, and paid writing opportunities. (2nd Sundays, 2-4:30 PM at Cocoa Library.)

Contact Contact S. Friscea at sfriscea@gmail.com for information. Print "Writers Group" in Subject.



Join us at First United Methodist Church of Port St. John, 1165 Fay Blvd, Port St. John (behind CVS) for the celebrations of Holy Week.

\* April 18 @ 6:00 PM: Maundy Thursday – Meditating on the Last Supper



\* April 19 @ 6:00 PM: Tenebrae (Good Friday) Worship Service

This worship experience focuses on the crucifixion of Christ.

It's designed to conjure up grief and even despair in order to prepare us for the victorious celebration of the resurrection.



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**Paint Party**

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Reservations required

**FRIDAY JUNE 14 7PM**

BYOB WINE IS FINE!

**\$30 includes supplies**

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Opening day for Port St. John United Soccer was a kicking success thanks to all of our players and families. Our recreational and academy programs, ages 5 – 11, started their seasons or participated in in-house friendlies. The energy was high and smiles were seen amongst all age groups. PSJ United soccer would also like to give special thanks to Orlando City soccer, Kona Ice, Soccer Darts and Challenger Sports for helping make the event a success.



As if the excitement of Opening Day for our spring season wasn't enough, PSJ United Soccer participated in a special event at the Orlando City home opener on March 2nd. Over 100 players and family members attended the game itself, while 19 special players were chosen to escort both the Orlando City and New York City FC players onto the field and hold the Orlando City flag. The game was high energy and a great way to pump our soccer players up for their seasons. We were able to watch superstars, such as Chris Mueller and Dom Dwyer, and international superstar Nani debut for the Orlando City Lions. We were very grateful for this partnership and look forward to a continued partnership with our Orlando City men's and women's professional soccer teams.

On Sunday, April 14th, Port St John United Soccer Club will be attending the Orlando Pride home opener against the Portland Thorns. Soccer club players and families will be able to enjoy play from Alex Morgan, Ashlynn Harris, and Tobin Heath before they leave for World Cup duties. Tickets are available through the club at \$19 per person. Please contact [psjunitedsoccer@gmail.com](mailto:psjunitedsoccer@gmail.com) for more information.

PSJ United Soccer



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**HOURS:**

**Mon - Fri: 9:00 AM - 6:00 PM**

**Saturday - 9:00 AM - 3:00 PM**

**Sunday - CLOSED**





would like to thank all of its sponsors, trainers, coaches, parents, and players for making each season better and better! Registration for our Fall Season will begin in May and please look for a



follow up article with details! Please feel free to contact us at any time using the email mentioned above. Thank you for making PSJ United Soccer Club great and we will see you out on the pitch!

Christina Mitsakos  
PSJ United Soccer Communications

## Earth Day Celebration

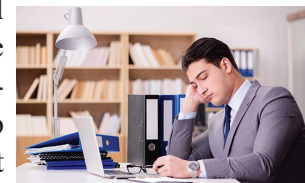
Don't miss the Earth Day Celebration at the Enchanted Forest Sanctuary, 10 a.m. to 3 p.m. on Saturday, April 20th. During this free event, guests are invited to enjoy guided hikes, special presentations, meet bats and other Florida wildlife, explore environmental exhibitors, listen to live music, and much more! The Earth Day Festival will feature many children's activities, including face painting, crafts and hands-on activities!

For more events or information on the Enchanted Forest Sanctuary and the Environmentally Endangered Lands Program, visit [www.eelbrevard.com](http://www.eelbrevard.com) or call (321) 264-5185.

The Enchanted Forest Sanctuary is located at 444 Columbia Blvd. in Titusville. Also find them on Twitter and Facebook!

## Presentation on Sleep and Your Heart

Parrish Medical Center is offering a free community health presentation about sleep and the essential role it



plays in maintaining a healthy heart as part of its HealthBridge series. Sleep and Your Heart is scheduled Thursday, April 18, from 5–7 p.m., at the Holiday Inn in Titusville, located at 4715 Helen Hauser Blvd.

People who don't sleep well are at higher risk for cardiovascular disease and coronary heart disease—regardless of age, weight, smoking and exercise habits. Join us to learn about the importance of sleep and the essential role it plays in your heart health. Kristina Weaver, NREMT-P, RPSGT, Parrish Sleep Center manager, will share information about how you can improve your sleep and your overall health.

The event is free but space is limited for this catered event. For more information, and to register, visit [parrishhealthcare.com/events](http://parrishhealthcare.com/events) or call 321-268-6156.



Dr. Craig A. Sater

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IV sedation now available for our anxious patients -- Have all your dental care completed in 1 or 2 appointments and wake up to a new "SMILE"!

# Annual Amateur Backyard BBQ Contest

The Sharing Center of Central Brevard is proud to announce the 4th Annual Amateur Backyard BBQ Contest. On April 6, 2019, come out to F. Burton Smith Park in Cocoa to sample some of the best local BBQ around.

Amateur BBQ teams from across the county will vie for the title of Amateur Champion Griller in three categories: beef, pork, and chicken. Each team will be providing samples of their delicious BBQ for you, the public, who will be voting for the People's Choice Champion Griller. While

# BBQ • BEER • MUSIC

## AMATEUR BACKYARD BBQ CONTEST

PROCEEDS BENEFIT THE SHARING CENTER'S  
CHILDREN'S WEEKEND FEEDING PROGRAM



IF YOU, YOUR BUSINESS OR ORGANIZATION  
WOULD LIKE TO SPONSOR OR COMPETE,  
PLEASE CONTACT US AT 321-631-0306 OR  
EMAIL US AT [BBQ@SHARINGCENTER.ORG](mailto:BBQ@SHARINGCENTER.ORG)



serious competitors are sweating it out, we will be soaking up the rays with great food and live entertainment.

The event's proceeds will benefit the Sharing Center's Children's Weekend Feeding Program, a program designed to empower families with children by providing access to healthy food on the weekends during the school year.

Last year's BBQ raised over \$37,000 to feed hungry kids and was well attended by nearly 1,000 people. Tickets for the event are \$15.00. This includes entry to the event, 1 BBQ dinner and samples from the BBQ teams. Come enjoy live music by the band Just Us, vendors, 50/50, and raffles including a Large Big Green Egg Smoker.

Don't wait until the last moment to get your tickets! Tickets can be purchased at the following locations:

- Sharing Center's Thrift Store at 113 Aurora Street, Cocoa
- West Cocoa Pharmacy at 2711 Clearlake Rd, Cocoa
- Jenniffer Neuman Dicandio Allstate Insurance, 950 Fay Blvd, Port St. John
- Sharing Center's Thrift Store at 95 E. Merritt Island Causeway, Merritt Island
- Sharing Center's Boutique and Donation Center at 7720 N Wickham Road, Suntree

Tickets are also available the day of the event. Come join us for some great BBQ and help feed hungry kids here in our own community.

# \$15 TICKETS

## BBQ SAMPLES 'N DINNER

## PEOPLE'S CHOICE AWARDS

# 321-631-0306

## BBQ@SHARINGCENTER.ORG

## F. BURTON SMITH PARK 7575 W KING ST, COCOA, FL 32926

## SATURDAY APRIL 6 11AM - 5PM



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LOCAL  
VENDORS

RAFFLES



2018 People's Choice Winner

## Central FL Accordion Club

The Brevard Chapter of the Central Florida Accordion Club (CFAC) holds its regular meeting the last Sunday of every month. Members and guests are invited to play accordions or other instruments.



The next show will be held on Sunday, April 28th, 2:00-5:00 p.m. at Elks Lodge #1532, 315 Florida Ave., Cocoa. The event is open to the public. Admission is free.

CFAC is a Not-for-Profit Florida Corporation, and is tax exempt under Section 501c4 of the Federal Tax Code. The club is dedicated to promoting the visibility and value of the accordion as a multi-cultural musical instrument in Central Florida. For more information, contact Rod Hall, 866-455-2322.

SPONSORED BY THE SHARING CENTER.  
FOR MORE INFORMATION OR HOW TO BE A CONTESTANT  
PLEASE CALL, EMAIL OR VISIT US ONLINE TODAY.

[SHARINGCENTERBBQCONTEST.COM](http://SHARINGCENTERBBQCONTEST.COM)

Currently seeking Amateur BBQ Contestants. For more information,  
contact us at [BBQ@sharingcenter.org](mailto:BBQ@sharingcenter.org) or 321-631-0306

## Port St. John Public Library April Calendar of Events (321) 633-1867

Mon., Tues., Fri., 9 am - 5 pm; Wed., 12 - 8 pm;  
Thurs., 10 am - 6 pm; Sat., 10 am - 2 pm

**Creative Writing:** Mondays, 9-11 am.

**Yarning for a Cause:** Mondays, 10 am-12 pm.

**Master Gardener:** Mondays, 2-4 pm.

**Senior Games:** Tuesdays, 11:00 am - 3:00 pm.  
Join other seniors for a variety of card games,  
Rummikub, Dominoes, etc. Bring your favorite  
game and lunch or a snack.

**SHINE** - Serving Health Insurance Needs of  
Elders: Tues., Noon-3:00 and Weds., 1-4 pm.  
Counselors assist seniors and the disabled with  
Medicare and Medicaid questions. Call for an  
appointment time, 321-222-7981.

**STIR** - Story Time for Independent Readers:  
Thursdays, 3:30-4:30 pm. 1st grade and up. Pre-  
registration required.

**Story Time:** Fridays, 10:30 am. All ages are  
welcome.

**Yarn Club:** Fridays, 2-4:00 pm. Knit, crochet  
and needle arts. Sit, talk and create. All ages and  
abilities welcome. Want to learn? We can help!

**Overeaters Anonymous:** Saturdays, 9:30-10:30.

### Meetings and Events:

Mar. 2, 11:00-Noon Buddinwriters

Mar. 9, 10 am-Noon Port St. John Pokémon  
Club

Mar. 11, 5:30 pm Port St. John Public  
Library Advisory Board Meeting

Mar. 13, 6:00 pm PSJ Special District  
Advisory Board Meeting

Mar. 13, 6:30-7:30 Bookworms Adult Book  
Discussion Group

Mar. 20, 6-7:45 pm Sunrise Village

Mar. 23, 10 am-Noon Port St. John Pokémon  
Club

Mar. 27, 6-7:00 pm Friends of the Library  
Membership Meeting

Mar. 28, 10 am-1:00 pm North Brevard  
Home School Co-op

Mar. 30, 10-noon Friends of the Library  
Very Hungry Caterpillar Spring Event.  
Snacks, crafts, storytime.

*The patient says, "Doctor, you've got to help  
me. Nobody ever listens to me. No one ever pays  
any attention to what I have to say."*

*The doctor says, "Next, please."*

## Young Eagles Flight Rally

Kids 8 to 17 will take to the air on April 27th  
as the Experimental Aircraft Association (EAA)  
chapter 724 host a Young Eagles Flight Rally  
at the Merritt Island Airport, 900 Airport Road,  
Merritt Island. "The airplane rides are free," said  
Don White, Chapter Coordinator for the event.  
"We hope to build a one on one relationship be-  
tween the pilots and the young people, thus giving  
the new generation a chance to learn more about  
the possibilities that exist in the world of Aviation  
while enjoying the thrill of flying."

Pre-registration is required. A parent must  
register their kid(s) at: <http://YEDAY.org> and fill  
out the registration form and then click on the  
SUBMIT button for this event. When you arrive  
at the airport, the registration form will be printed  
out for the parent to sign. Anyone without access  
to a computer will be able to register online when  
they arrive at the airport or can use a computer  
at a public library.

A parent or guardian must accompany the  
young folks and sign the registration form.

The flights are an average of twenty minutes,  
depending on the type of airplane. Following  
the flight, each young person (Young Eagle) will  
receive a certificate making him or her an Offi-  
cial Young Eagle Flight Member, and a personal  
Flight Log Book from Sporty's Pilot Shop. Their  
names will also be entered into the "World's  
Largest Log Book." This book is on permanent  
display at the EAA Air Adventure Museum in  
Oshkosh, WI.

All pilots and airplanes are certified by the  
FAA and are also insured. Want more informa-  
tion? Call 321-266-7410 (Don) or 321 288-7209  
(Dwight) and leave a message.

### Want to be Involved?

We are always looking for new Friends!

**The Friends of the  
Port St. John Library  
are looking for new  
members.**



The next Friends of the Library meeting  
will be at 6 PM on Wednesday, May 22 at  
the library. Refreshments will be served.

Sponsored by Friends of the Port St. John Library

## PMC Certified Integrated Health Care System

The Joint Commission awarded integrated  
care recertification to Parrish Medical Center, the  
nation's first - and only - to earn integrated care  
recognition. The integrated health care system  
created by Parrish Medical Center (PMC) has  
earned recertification after an intensive review by  
America's premier health care accrediting body.

Parrish Healthcare, a collaborative structure  
of health care partners, remains the nation's only  
certified integrated care system. The Joint Com-  
mission reviewers specializing in integrated care  
determined Parrish Healthcare again met the high  
standards to achieve certification renewal.

"The Joint Commission's standards for re-  
certification were even tougher than the first  
time," said George Mikitarian, PMC and Parrish  
Healthcare president and CEO. "That Parrish  
Healthcare has received it for the second time  
is a tribute to the collaboration and commitment  
of our care partners," said Mikitarian. "Certifi-  
cation makes the statement about the legitimacy  
of our integrated care system more clearly than  
a hundred marketing campaigns by health care  
organizations that haven't successfully put forth  
the same time, work, and resources to achieve  
accreditation."

The integrated care system created by PMC  
includes partners - such as Mayo Clinic and  
Nemours - that are independent of each other  
but work together within Parrish Healthcare  
with the goal of continuously improving patient  
care (PMC is also a member of the Mayo Clinic  
Care Network). "We're proud and humbled to  
have again accomplished this for our patients'  
benefit," said Mikitarian.

### St. Peter's Orthodox Catholic Church

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Services are as follows:

Every Friday, 12 noon - Sundays, 4:30 pm  
Social time always follows service on Sundays.

**FIRST FRIDAY ROSARY**

**APRIL 5, 2019**

**TO WELCOME IN THE NEW YEAR  
6 PM--SOCIAL TO FOLLOW**

## 6 Items Not To Buy Online

Advances in technology have allowed consumers to shop in ways that were not imaginable in the past. While shopping on the Internet can provide you with convenience, and often lower prices, there are specific items you should stick to purchasing in-store. Below we will uncover six items to steer clear of when shopping online.

1. Cars - The Internet is a great tool to help you conduct research and compare and contrast vehicle makes, models and prices; however, when it comes to purchasing a car, experts advise that in-person is your best option. Before you decide to buy any vehicle, it's essential to take it for a test drive to see how it handles, how good the visibility is, what condition the car is in, and how comfortable it is.

If you're buying a used car, you will want to get it inspected by a trusted mechanic to avoid costly repairs down the road.

2. Groceries - Utilizing online services, such as Amazon Subscribe & Save and Google Express to purchase toiletries and pantry items online can save you a ton of money. However, when it comes to buying fresh food online, many experts advise that the grocery store is the better way to go for two main reasons:

Quality: According to industry experts, when you purchase food items online, you can never be sure how fresh they are. When you buy your groceries in-store, you can physically check for freshness, food quality and expiration dates. When you order food online, you can't be sure the employees are checking for these same things.

Price: While buying food online can save you time, experts advise that it won't always save you money. For example, research by Kiplinger found that Amazon's prices on most food items can't beat the sale prices offered at supermarkets or warehouse stores.

3. Furniture - Buying furniture online may seem like a huge time-saver, but purchasing this big ticket item online has its downsides including:

Can't test for comfort: The only way to truly test the comfort of any furniture item is to go to the store and try it yourself.

High shipping costs: While some online furniture retailers offer free shipping after a certain amount of spend, most do not. Most online stores

charge a shipping charge equal to 10% of the purchase price, which can add up quickly if you are buying multiple pieces of furniture.

Return fees: Some online furniture retailers require you to ship back unwanted furniture at your own cost. In addition to this, some retailers charge a re-stocking fee equal to 25% of the purchase price if they are not satisfied with the condition of the returned furniture.

No negotiation: When you shop for furniture online, you are not able to negotiate prices with salespeople. The Internet is, however, a great tool to check prices before you shop. If you find a great deal online, you can use it as ammo to get the salesperson to reduce the cost of the item in the store.

4. Name brand knockoffs - Purchasing knock-off items online can be dangerous if the sites you are shopping on are not secure. While you may save a significant amount of money purchasing a generic product, the risk associated with buying this product online isn't worth it.

5. Makeup - Purchasing makeup online that you've tried before makes perfect sense; however, when it comes to new products, it's better to shop in the store. Shopping for makeup products in-store allows you to accurately gauge colors, sample products and consult with salespeople.

6. High-End musical instruments - Purchasing a high-end musical instrument is a significant expense. Since tone can vary widely even among the most trusted brands, it's essential to see how the instrument sounds and feels before you buy it. In addition, when you purchase a musical instrument online, you run the risk of it getting damaged during shipping. While insurance can cover your financial loss, if it is a rare or vintage instrument it will be hard to replace.

It is possible to purchase some musical instruments online. For instance, wood instruments tend to vary more in tone and are more delicate and vulnerable to breaking. If you're buying a metal instrument such as a flute or trumpet, the risk of it getting damaged is less.

- Thanx to Launch Federal Credit Union

## Lenten Study Services – ALL ARE WELCOME!

\* April 03 @ 6:30 PM: “Don’t give up Church” by Pastor David Charlton

Where: St. Andrew United Methodist Church, 3380 Dairy Rd., Titusville.

\* April 10 @ 6:30 PM: “Don’t give up Joy” by Pastor Patricia Pena

Where: Indian River City United Methodist Church, 1355 Cheney Hwy, Titusville.

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**LIFE • HEALTH • ANNUITIES**

# Walter Butler Community Center - April, 2019

## Bernice G. Jackson Park, 4201 North US Hwy. 1, Sharpes

The center is open Monday–Thursday from 10 - 8 PM, Fridays from 9 AM to 6 PM and Saturday 10 AM-2 PM Schedule is subject to change. Call 321-433-4448 for latest information.

### **Mondays**

Pickleball, 11 a.m.-2 p.m.  
Kids In Motion, 2-6 p.m.  
Basketball Fundamentals, 3-4 p.m.  
Kid's Art, 3:00-4:00 p.m.  
Open Gym, 6-8 p.m.  
Open Computer Lab, 11a.m.-2 p.m. & 6-8 p.m.

### **Tuesdays**

Seniors In Motion, 10 a.m. -1 p.m.  
Pickleball, 11 a.m.-2 p.m.  
Kids In Motion, 2-6 p.m.  
Basketball Fundamentals, 3-4 p.m.  
4-H Garden Club, 3-4 p.m.  
Open Computer Lab, 11 a.m.-2 p.m. & 6-8 p.m.  
Open Gym, 6-8 p.m.

### **Wednesdays**

Home School Yoga, 10:15-11 a.m.  
Pickleball, 11 a.m.-2 p.m.  
Open Computer Lab, 11 a.m.-2 p.m. & 6-8 p.m.  
Kids In Motion, 2-6 p.m.  
Volleyball Fundamentals, 5-8 p.m.

### **Thursdays**

Seniors In Motion, 10 a.m. -1 p.m.  
Pickleball, 11 a.m.-2 p.m.  
Open Computer Lab, 11 a.m.-2 p.m. & 6-8 p.m.  
Home School, 10 a.m. -12 a.m.  
Kids in Motion, 2-6 p.m.  
Volleyball Fundamentals, 5-8 p.m.  
Open Gym, 6-8 p.m.

### **Fridays**

Open Gym, 9-11 a.m.  
Open Computer Lab, 9 a.m. - 1 p.m.  
Home School, 9:30 a.m. - 11 a.m.  
Pickleball, 11 a.m. - 1 p.m.  
Kids In Motion, 2-6 p.m.  
4-H Garden Club, 3-4 p.m.  
5th & 12th - Persons with Disabilities Dance,  
7-9 p.m.

### **Saturdays**

Open Gym, 10 a.m. - 11 a.m.  
Co-Ed Youth Basketball League, 11 a.m.-2 p.m.

**4-H Junior Master Gardener Program** - The Junior Master Gardner Program engages participants in novel, hands-on group and individual

learning experiences that promote a love of gardening, develop an appreciation for the environment, and cultivate the mind. Classes will be held on Tuesdays and Fridays 3-4 p.m. For more information contact Jan Jordan at the Walter Butler Community Center (321) 433-4448.

**Volleyball Fundamentals** is a class which teaches proper playing techniques and teamwork. This class focuses on teaching beginners how to properly bump, set, spike and more. Classes will be held on Wednesdays & Thursdays 5-8 p.m. For more information contact Donovan Gilbert at Walter Butler Community Center, 433-4448.

**Basketball Fundamentals** - Program designed for boys and girls ages 8 to 12. Each week the participants will learn/review basic basketball skills and apply them to a variety of drills. Games played, but primary focus will be to build on and improve the skills sets of each participant. Practice held Monday and Tuesday 3-4 p.m. For more information, contact Donovan Gilbert at Walter Butler Community Center at (321)433-4448.

**Kids in Motion** - An after school program that focuses on anti-bullying and educational hands on projects that helps to stimulate learning, and growth; such as the Choice Program, 4-H Club and Stem Programs to enhance learning. Monday-Friday 2-6 p.m. \$30 a week. Discounts do apply if you live in the target area and if the child is eligible for free or reduced lunch and if the household receives any assistance. For more information contact WBCC at (321)433-4448.

**Persons With Disabilities Dances** are held at WBCC every 1st and 3rd Friday of the month from 7-9 p.m. all ages welcome. Contact Andrea 321-264-5058 or 321-264-5105.

## **New Oncology Physician**

Parrish Healthcare welcomes Dr. Patricia Deisler, MD, as its newest board-certified physician at the Parrish Cancer Center, located at 845 Century Medical Drive, Suite B in Titusville. Dr. Deisler is joining the existing team at Parrish Cancer Center, including Craig K. Deligdish, MD, board certified hematologist/oncologist; Cecil Robertson, MD, board certified hematologist/oncologist; Thomas F. Scheer, MD, FACRO board certified radiation oncologist; and Brian Bement, RTT, ASRT, ARRT, radiation therapist.

Dr. Deisler completed her undergraduate studies at Columbia University and her medical degree at Weill Cornell School of Medicine in New York. She then finished her internal medicine residency at St. Luke-Roosevelt Hospital Center in New York and Hematology-Oncology Fellowship at Cornell University Medical College.

Dr. Deisler began and developed the Hematology-Oncology Clinic in Mankato, Minnesota. This clinic proved to be one of the most successful oncology practices in the area.

She is an active community leader, having presented on topics relating to cancer and holding positions in a variety of oncology committees such as co-director of the Mankato Clinic Breast Center and chairman of its tumor board.

Dr. Deisler believes in delivering world-class cancer treatments in a loving and caring environment for every patient. To schedule an appointment, call (321) 529-6202.

### **Meet your neighbors and stay informed of Events & Community Happenings!**

#### **CANAVERAL GROVES HOMEOWNERS INC.**

If you'd like to join and support our Homeowners' group, just cut out and fill out this form and mail with a check for \$15 to cover the current year's membership dues. Mail to: CGHI, P.O. Box 675, Sharpes, FL 32959



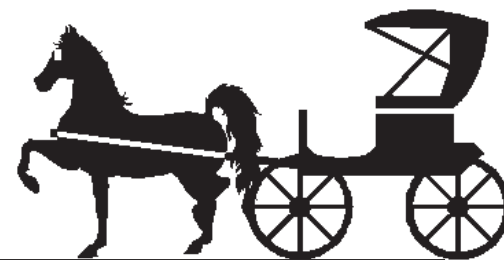
Name \_\_\_\_\_

Address \_\_\_\_\_

E-mail \_\_\_\_\_

Phone \_\_\_\_\_ May we include your phone number on our membership roster to CGHI members? Yes  No

**Won't you come join us? We meet the 2nd Thursday of the month at Discovery Church, 3925 Grissom Pkwy. at 7:00 PM. [www.CanaveralGrovesHOA.com](http://www.CanaveralGrovesHOA.com)**



## Fruit From The Groves

A BCSO Deputy was at the Canaveral Groves Homeowners Meeting on March 14, 2019 and advised the group about what was not going on and what was. There is no "serial killer" in Brevard County. There are no people being snatched from Waffle House in Cocoa. There was no burglary of an occupied home here in the Groves. It was in Port St. John and the subject has been arrested.

The youth home on Vancouver was brought up and people need to call the State of Florida Children's and Families Department to complain. They are the only ones that can do anything about it.

BCSO has stepped up traffic control and tickets have been written, ATV's included. Patrolling in the area has also increased.

There is still a problem with people not securing their vehicles, putting their stuff out of sight and securing other items like bikes. Most of the items that are stolen are due to crimes of opportunity. While on patrol, they see a number of homes with open garage doors. This invites crime.

Another and continuing problem is people are not calling when they see something or when something is stolen. Posting on Facebook is not reporting a crime. Report it, then post it. It is the only way to keep the crime rate low.

The traffic control box has been reset a number of times and it seems to have helped with the congestion. A traffic study was done and a traffic count will be done at a later date.

There are a lot of animals running at large in the area, Brevard County Sheriff's Animal Services needs to be called. As a pet owner, you are responsible for any damage or injury that your pet does.

There is an area wide Yard Sale on April 6, 2019 from 8 am - 4 pm here in the Groves. The last one was a success. (This is not an HOA sponsored function).

Waste Management has promised to be at the next meeting on April 11, 2019. The topics will be recycling and collections. Now is the time to learn what needs to be done and have your questions and complaints answered.

The HOA wants to thank the group that came out and cleaned up the north end of Pine St. and the Outback again.

THE NEXT MEETING IS APRIL 11, 2019 at 7 pm at Discovery Church on Grissom Parkway.

Ed Silva  
President  
Canaveral Groves HOA

## Community Yard Sale

Canaveral Groves is having a Community Yard Sale on Saturday April 6 from 8:00 - 2:00. Anyone who lives in Canaveral Groves is welcome to join in. Just gather all your "treasures" and put a sign in your yard so shoppers know you're open for business. It may help to post signs to get to your house since the Groves is so big.

The more people we have participating, the more people will come to shop with us!

## Martin Andersen Senior Center Dances

Martin Andersen Senior Center will host Singles/Couples Ballroom Dances on Saturday, April 13th and 27th. Music will be provided by Janice and Rene.



For both dances, doors open at 6:30 p.m. and dancing begins at 7:00 p.m., ends at 10:00 p.m. Free snacks, BYOB. Adults of all ages are welcome. The cost is \$6; \$5 for members.

Adults of all ages are welcome to our dances. MASC is located at 1025 S. Florida Ave., Rockledge. Call Martin Andersen Senior Center at 321-631-7556 for more information.

## Parrish Healthcare Adopts Population Health

Parrish Healthcare is proud to announce its strategic partnership with athenahealth, a leading provider of network-enabled services for hospital and ambulatory customers nationwide. Population health management means being responsible for managing the overall health and well-being of a defined population, and being accountable for the health and well-being outcomes of that defined population.

With the powerful and patient-friendly technology of athenahealth, patients choosing to receive their care within Parrish Healthcare's nationally integrated care certified system will experience seamless connectivity to their physicians, other care partners, and to their health information.

As an industry-leader in interoperability, athenahealth connects Parrish Healthcare with its national network of more than 100,000 health-care providers. The collective knowledge and information shared among this network achieves the best possible health outcomes for the people, families and populations served. The technology also makes it possible for Parrish Healthcare to follow care seamlessly across settings—doctor's office, diagnostics, or hospital — with all of the relevant information needed to manage health outcomes in easy reach.

"athenahealth is another example of the kinds of strategic partnerships that have contributed to Parrish Healthcare being the nation's only certified integrated care system," said George Mikitarian, president and chief executive officer, Parrish Medical Center | Parrish Healthcare. "Other strategic partnerships, of which we are proud, that benefit the health and wellness of the people (and populations) we serve include the Mayo Clinic Care Network, Nemours Children's Health System, DaVita Dialysis, OMNI Healthcare, among others," said Mikitarian.

## **Catherine Schweinsberg Rood Central Library and Reference**

308 Forrest Ave., Cocoa  
(321) 633-1792

**April 2019**

### **Adult Calendar of Events Schedule**

Enjoy an atmosphere of relaxation and creativity at Adult Coloring on Mondays from 10 am 'til noon. Supplies are provided. FREE.

Let Ree show you how to make quality, ornate gift cards for any occasion at her Art Gallery Cards class on Mondays at 10 or 1 pm. A \$10 charge covers supplies and instruction.

Participate in the Watercolor Techniques class with Pearl Ollie on Tuesdays from 10 am 'til noon. All skill levels are welcome. Cost is \$10, supplies included.

Get GED Test help on Wednesdays from 10 am 'til 12 pm. Marin, a certified teacher, is available to assist with all GED Test subjects, particularly science.

Take part in All-Levels Hatha yoga on Thursdays (except 4/4) at 10:30 am. Relax in this gentle, mindful class and improve your flexibility, strength and concentration. Bring yoga mat/towel. Cost is \$5 per session.

Learn ways to control blood glucose levels naturally at the Diabetes Control class on Saturdays at 9:30 am. This is weeks 2-5 of a 6-week course. All materials and instruction are FREE. Pre-register with instructor Tom Nelson at (321) 961-9244.

Attend our Apple Basics class on Wednesday, April 3 at 10 am. Cost is \$5. Pre-register with Reference at 321-633-1792. Please bring mobile Apple device.

Come out for our annual Spring Book Sale starting with the preview sale on Thursday, April 4 from 9 am- 4pm. Friend's membership is required, and may be purchased for \$5. The book sale is open to the public on Friday and Saturday, April 5th and 6th from 9 am to 4 pm, and Sunday, April 7 from 1-4 pm. Books, CDs, DVDs and more will be for sale!

Decrease stress and anxiety through guided breathing techniques at the Meditation Class on Thursday, April 4 at 6:30 pm. Cost is \$5.

The Central Brevard Sharing Center is more than just hot meals and thrift store items. A Sharing Center representative will show the array of

services available to the public on Wednesday, April 10 at 10 am. FREE.

Come out for Popcorn and a Movie on Thursday, April 11 at 2 pm, showing the recent American drama film starring Academy Award winner Mahershala Ali. Rated PG-13. FREE.

Learn the basics of surfing the net at our Intro to the Internet class on Wednesday, April 17 at 10 am. Cost is \$5. Pre-register with Reference at 321-633-1792.

The AARP Smart Driver Course will be held on Thursday, April 18 at 9:05 am until 4 pm. Course cost is \$15 for members, \$20 for non-members. Participants are encouraged to bring lunch and a sweater. Pre-register at 321-412-1889.

Join the monthly Mystery Book Club discussion where everyone reads a different book on a common theme. The discussion will be on Thursday, April 18 from 12:15 pm- 2:15 pm. Contact the Reference Desk at 321-633-1792 for further details.

Decrease stress and anxiety through guided breathing techniques at the Meditation Class on Thursday, April 18 at 6:30 pm. Cost is \$5.

Come out for Popcorn and a Movie on Thursday, April 25 at 2 pm, showing the recent biographical crime film directed by Academy Award-winner, Spike Lee. Rated R. FREE.

Attend the Bead Ladies Jewelry Class with Normandie on Thursday, April 25 at 12:30 pm. Cost is \$15, which includes supplies. Call 321-225-1394 or email: [thebeadladiesarehere@gmail.com](mailto:thebeadladiesarehere@gmail.com) for more information, or to register.

Lisa Jo will show you the fundamentals of, and uses for essential oils on Thursday, April 25 at 6 pm. FREE.

Singer Dave DeLuca will perform the Rat Pack Flashback, a musical salute to Dean Martin, Frank Sinatra and Sammy Davis, Jr. on Sunday, April 28 at 3 pm. FREE.

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## **Experimental Aircraft Meeting**

Experimental Aircraft Association Chapter 724, Merritt Island (EAA724) will hold their next meeting on the 2nd Wednesday at 7:30 pm in the club house on Merritt Island Airport.

We are people who are interested in aviation and are happy to share their knowledge and love of flying. Everyone is welcome.

The airport is approximately 2 miles south of SR 520 on Courtney Parkway. Across from the Fire House is the club house with the EAA logo on the end of the building. For more information, visit [www.eaa724.org](http://www.eaa724.org), email [don@eaa724.org](mailto:don@eaa724.org) or call 321-266-7410.

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## **Social Security Column**

- By Blanca Taylor, Social Security Public Affairs Specialist

Now that it's tax season, you might be gathering all of your forms and documentation from the previous year. Sometimes getting all that material together — receipts for donations, business expenses, and travel — can be overwhelming. And losing one vital piece can take up time that you might not be able to spare.

The Social Security 1099 (SSA-1099) or Benefit Statement is a tax form Social Security mails each year in January. It shows the total amount of benefits you received from Social Security in the previous year, so you know how much Social Security income to report to the IRS on your tax return. Luckily, Social Security has you covered. If you live in the United States and you need a copy of your SSA-1099 or 1042S tax form, simply go online and get an instant, printable copy of your form with a mySocialSecurity account.

A Social Security 1042S (SSA-1042S) is for a noncitizen who lives outside the United States and received or repaid Social Security benefits last year.

If you have a question, want help finding the information you need, or just can't figure out how to do something online, another way to get in touch with us is by calling our toll-free number at 1-800-772-1213. We provide an automated service option to handle some business, but you can also speak to a Social Security representative between 7 a.m. and 7 p.m. local time, Monday through Friday. If you are deaf or hard of hearing, call our toll-free TTY number, 1-800-325-0778, between 7 a.m. and 7 p.m. local time.

Tax season can be a stressful time for some, but we've tried to make it easier for you. Remember to share this information with friends and family. If you need a copy of your SSA-1099 or 1042S, go online and get a replacement form with a my Social Security account at [www.socialsecurity.gov/myaccount](http://www.socialsecurity.gov/myaccount).

# Life Force

## In your corner. By your side.

A cancer diagnosis ignites a person's life force and awakens the fighting spirit within all of us. If this happens to you or someone you love, you'll want a team to be in your corner and by your side. Experts like Dr. Robertson and the Parrish Cancer Center team are dedicated to providing the best care plan for you.

Parrish Medical Center is part of the Mayo Clinic Care Network. This gives us special access to Mayo Clinic knowledge, expertise and resources. Our cancer care program is nationally accredited by the Commission on Cancer.

This gives you the confidence in knowing you'll receive high-quality healthcare, close to home.

**Call for your appointment:  
321-529-6202**



*Cecil Robertson, MD  
Board Certified Hematology/Oncology  
OMNI Healthcare*

  
**PARRISH**  
CANCER CENTER  
PARRISH HEALTHCARE

845 Century Medical Dr., Titusville  
[parrishcancercenter.com](http://parrishcancercenter.com)

 **MAYO CLINIC  
CARE NETWORK**  
Member